

Benefit Risk Excursion and Hazard Management Audit

You must complete this form in conjunction with Kat's Care Services Excursions Procedure

Provider: Katrina Thompson		Date of Benefit risk assessment visit: 01:01:24 and ongoing	Date of excursion: Current to 31:12:24
Destination: Walks within Albury & Wodonga		Routine: <input checked="" type="checkbox"/>	Non-Routine: <input type="checkbox"/>
Route to Location: Within Albury: <ul style="list-style-type: none"> Somerset Drive along grass area Pemberton Street McLeod Court Gould Avenue Johnston Road Benn Crescent Greentree Way Dean Street and surrounding streets after washing therapy dogs, participant directed. Noreuil Park Oval and Oddies Park Area-drive to same. 		Proposed time of excursion: AS NEEDED	
Responsible Parent/Guardian Authorisations: I agree to the participant attending excursion as documented and approved by Service.	Anticipated Number of Participants: 4-7		Approximate Duration: 1-3 HOURS
Participant Name:	Parent/Guardian Signature:	Method of Transport: WALKING	
Participant Name:	Parent/Guardian Signature:	Anticipated Number of Providers: 1	
Participant Name:	Parent/Guardian Signature:	Other Adults Listed:	
Participant Name:	Parent/Guardian Signature:	1. DANE KREMERS	
Participant Name:	Parent/Guardian Signature:	2. DAKODA & TANIKA THOMPSON	
Participant Name:	Parent/Guardian Signature:	Service Approval Signed:	
Participant Name:	Parent/Guardian Signature:	Service Approval Date: 01:01:2024	

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Participant Name:	Parent/Guardian Signature:	Benefits of proposed excursions/outing and activities:	
Participant Name:	Parent/Guardian Signature:	Routine drop off/pick up	<input type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Educational Outing	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Nature experience	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Developing communication skills	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Extension of gross motor skills	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Meeting new people or developing relationships	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Learning about the community	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	New Opportunities to learn	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	(provide rationale below)	
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		

Benefits of the Activity:

By engaging participants in outdoor activities; we deepen our appreciation for nature and nurture mental and physical health. Participants across all races and ethnicities are more active when they can access parks; older participants learn valuable emotional skills; such as increasingly realistic self-perceptions; the ability to manage their emotions; and self-control that improves over time. As older participants engage in spontaneous and structured activities; they come to see themselves as good in some areas; embracing opportunities to monitor feelings and emotions; whilst developing competence in new skills that contribute to participants beliefs about their own capacity, increasing their social competence and emotional maturity. Smilansky and Shefatya (1990) contend that school success largely depends on participants ability to interact positively with their peers and adults.

It enables participants to do the following:

- Practice both verbal and nonverbal communication skills by negotiating roles and appreciating the feelings of others (Spodek & Saracho, 1998).
- Respond to their peer’s feelings; while waiting their turn sharing materials and experiences (Sapon-Shevin, Dobbeltgere, Carrigan, Goodman, & Mastin, 1998; Wheeler, 2004).
- Experience other participants points of view by working through conflicts about space; materials or rules positively (Smilansky & Shefatya, 1990; Spodek & Saracho, 1998).

By walking: providers can model and encourage spontaneous variety; add in marching; jogging; skipping; hopping; mimic animals; or even use musical instruments to form a parade, depending on age and developmental needs. Even at the tender age of 3; 4 or 5; participants need lots of opportunities for physical activity; active play is important both for good health and for building gross motor skills.

For participants; developing large motor skills; learning to use the large muscles in their legs; arms and trunk to run; jump; throw; catch and kick is fun! Participants are also working on fine motor skills; although those develop a bit later; they are crucial for important tasks like learning to write.

Balancing: have participants walk on a piece of string or tape; a low beam or plank at the playground.

Playing pretend: participants boost motor skills when they use their bodies to become waddling ducks; stiff-legged robots; galloping horses; soaring planes; whatever their imagination comes up with!

Gross Motor: riding tricycles; scooters; and other ride-on toys; pulling or pushing wagons; large trucks; doll strollers or shopping carts.

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Building and navigating: obstacle courses: outdoors with rocks; logs or other; using swinging; sliding and climbing resources in outdoor areas.

Ball skills: throwing; catching; hitting and rolling; large; lightweight; soft balls.

Games with rules: playing tag; follow the leader; Red Light/Green Light; Tails; or Simon Says (avoid games that participants sit still or are eliminated from play).

Locomotor skills: are a category of motor skills; they are a group of movements in which the feet move the body from one place to another; these skills are: walking; running; hopping.

Walking allows participants to use other means of anxiety relief, including fight or flight behaviours and is used with therapy dogs to calm participants via an activity that stimulates the brain and body in a positive way.

Participants learn to care for the therapy dogs they too need stimulating through walking, smelling and being curious in their surrounds.

Hazard's Identified	Comment if hazard identified	Precaution/Control Measures	Managed by who and when?
Are there water hazards (including water play)?	<input checked="" type="checkbox"/> List:	MAY BE PUDDLES ON WALK EDUCATE DO NOT GO NEAR DRAINS – IF WALKING NEAR RIVER REGULATION RATIO TO BE APPLIED.	PROVIDER
Are there traffic hazards?	<input checked="" type="checkbox"/> List:	CARS ON ROAD, ENSURE YOUNGER PARTICIPANTS HOLD PROVIDER HANDS IF CROSSING A STREET OR USE CROSSING USING SAFETY SKILLS TAUGHT AT ALL TIMES. SEAT BELTS AND CAR SEATS AS PER AUSTRALIAN STANDARDS AND REGULATIONS.	PROVIDER
Are there human hazards?	<input checked="" type="checkbox"/> Comment:	STRANGER DANGER – STAY CLOSE TO PROVIDER.	PROVIDER
Are there chemical hazards?	<input checked="" type="checkbox"/> Comment:	MAY BE PESTICIDE SPRAYED ON GRASS AREA BE MINDFUL OF SAME.	PROVIDER
Are there poisonous or dangerous plants?	<input checked="" type="checkbox"/> Comment:	BE AWARE.	PROVIDER
Are there fall, trip or slip hazards?	<input checked="" type="checkbox"/> Comment:	ALL DUE CARE – BUT PARENTS/GUARDIANS TO BE MINDFUL OF RISKS.	PROVIDER
Weather considerations? UV rating, gumboots, coat, hats, sun protection.	<input checked="" type="checkbox"/> Comment:	WEAR CLOTHING APPROPRIATE FOR THE WEATHER – check pollen/UV rates before leaving.	PROVIDER
Are there toilets/hand washing and water accessible?	<input type="checkbox"/> Comment: NO	NO TAKE WIPES & DISINFECTANT. TOILETS AT NOREUIL PARK AND ODDIES PARK.	PROVIDER
Is play equipment safe?	<input type="checkbox"/> Comment:	NOREUIL PARK AND ODDIES PARK – RISK BUT DESIGNED TO AUSTRALIAN STANDARDS.	PROVIDER
Is the environment clean and safe?	<input checked="" type="checkbox"/> Comment:	FOR WALKS – YES.	PROVIDER
Is the environment smoke free?	<input checked="" type="checkbox"/> Comment:	MAY HAVE STRANGER WALK PAST – SAME AVOIDED.	PROVIDER

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Is there mobile phone coverage?	<input checked="" type="checkbox"/> Comment:	PROVIDER 0409274790.	PROVIDER
Are there any other hazards not listed?	<input checked="" type="checkbox"/> List:	STRANGER DANGER – ITEMS ON GROUND PARTICIPANT ENCOURAGED NOT TO TOUCH.	PROVIDER
Individual participants medication or other car needs? (Consideration of participants with special needs e.g. asthma or anaphylaxis):	<input checked="" type="checkbox"/> List:	MEDICATION CARRIED ON ALL OUTINGS - PARTICIPANT/PARENT/GUARDIAN INFORMATION AVAILABLE VIA DROP-BOX ON PHONE / PAPER COPY ON HAND ON ALL EXCURSIONS.	PROVIDER
Emergency contact numbers available:	<input checked="" type="checkbox"/> List:	PARTICIPANT/PARENT/GUARDIAN INFORMATION AVAILABLE VIA DROP-BOX ON PHONE/PAPER COPY ON HAND ON ALL EXCURSIONS WITH PROVIDER.	PROVIDER
First Aid kit available:	<input checked="" type="checkbox"/> List:	PORTABLE FIRST AID BOX TAKEN ON EXCURSION	PROVIDER

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