

Benefit Risk Excursion and Hazard Management Audit

You must complete this form in conjunction with Kat's Care Services Excursions Procedure

Provider: Katrina Thompson		Date of Benefit Risk Assessment visit: 01:01:24 and ongoing	Date of excursion: Current to 31/12/2024	
Destination: Somerset Drive Park		Routine: <input checked="" type="checkbox"/> Non-Routine: <input type="checkbox"/>		
Route to Location: Left out into Stafford, left into Somerset Drive: park on left within block (backs onto 8 Stafford Road). RISK LOW – MEDIUM WITH INTERVENTIONS – NO FENCE ON PARK		Proposed time of excursion: AS PARTICIPANT DIRECTED		
Responsible Parent/Guardian Authorisations: I agree to the participant attending excursion as documented and approved by Service.	Anticipated Number of Participants: 4-7		Approximate Duration: 1 – 2 HOURS	
Participant Name:	Parent/Guardian Signature:	Method of Transport: WALK		
Participant Name:	Parent/Guardian Signature:	Anticipated Number of Providers: 1		
Participant Name:	Parent/Guardian Signature:	Other Adults Listed:		
Participant Name:	Parent/Guardian Signature:	1. DANE KREMERS		
Participant Name:	Parent/Guardian Signature:	2. DAKODA & TANIKA THOMPSON		
Participant Name:	Parent/Guardian Signature:	Service Approval Signed:		
Participant Name:	Parent/Guardian Signature:	Service Approval Date: 01:01:2024		
Participant Name:	Parent/Guardian Signature:	Benefits of proposed excursions/outing and activities:		
Participant Name:	Parent/Guardian Signature:	Routine drop off/pick up	<input type="checkbox"/>	
Participant Name:	Parent/Guardian Signature:	Educational Outing	<input checked="" type="checkbox"/>	
Participant Name:	Parent/Guardian Signature:	Nature experience	<input checked="" type="checkbox"/>	

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Participant Name:	Parent/Guardian Signature:	Developing communication skills	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Extension of gross motor skills	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Meeting new people or developing relationships	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	Learning about the community	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	New Opportunities to learn	<input checked="" type="checkbox"/>
Participant Name:	Parent/Guardian Signature:	(provide rationale below)	
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		
Participant Name:	Parent/Guardian Signature:		

Benefits of the Activity:

By engaging participants in outdoor activities; we deepen our appreciation for nature and nurture mental and physical health. Participants across all races and ethnicities are more active when they can access parks; older participants learn valuable emotional skills; such as increasingly realistic self-perceptions; the ability to manage their emotions; and self-control that improves over time. As older participants engage in spontaneous and structured activities; they come to see themselves as good in some areas; opportunities to monitor feelings and emotions; whilst developing competence in new skills; all of which contribute to participants' beliefs about their own capacity. During play, participants also increase their social competence and emotional maturity. Smilansky and Shefatya (1990) contend that school success largely depends on participants ability to interact positively with their peers and adults. Play is vital to participants social development. It enables participants to do the following:

- Practice both verbal and nonverbal communication skills by negotiating roles; trying to gain access to ongoing play; and appreciating the feelings of others (Spodek & Saracho, 1998).
- Respond to their peer's feelings; while waiting their turn sharing materials and experiences (Sapon-Shevin, Dobbeltgere, Carrigan, Goodman, & Mastin, 1998; Wheeler, 2004).
- Experience other participants points of view by working through conflicts about space; materials or rules positively (Smilansky & Shefatya, 1990; Spodek & Saracho, 1998).

By walking to the park: providers can model and encourage spontaneous variety; add in marching; jogging; skipping; hopping; mimic animals; use musical instruments to form a parade, or just talk about the surroundings. Even at the tender age of 3; 4 or 5; participants need lots of opportunities for physical activity; active play is important both for good health and for building gross motor skills. For participants; developing large motor skills; learning to use the large muscles in their legs; arms and trunk to run; jump; throw; catch and kick is fun! Participants this age are also working on fine motor skills; although those develop a bit later; they are crucial for important tasks like learning to write.

Balancing: walk on a piece of string or tape; a low beam or plank at the playground.

Playing pretend: participants boost motor skills when they use their bodies to become waddling ducks; stiff-legged robots; galloping horses; soaring planes; whatever their imagination comes up with – no age limits!

Gross Motor: riding tricycles; scooters; and other ride-on toys; pulling or pushing wagons; large trucks; doll strollers or shopping carts.

Building and navigating obstacle courses: outdoors with rocks; logs or playground equipment; using swinging; sliding and climbing resources in playground.

Ball skills: throwing; catching; hitting and rolling; large; lightweight; soft balls.

Games with rules: playing tag; follow the leader; Red Light/Green Light; Tails; or Simon Says (avoid games that participants sit still or are eliminated from play).

Locomotor skills: are a category of motor skills; they are a group of movements in which the feet move the body from one place to another; these skills are: walking; running; hopping.

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Hazard's Identified	Comment if hazard identified	Precaution/Control Measures	Managed by who and when?
Are there water hazards (including water play)?	<input type="checkbox"/> List:	RAIN – RETURN HOME IF RAINS.	PROVIDER
Are there traffic hazards?	<input checked="" type="checkbox"/> List:	PROVIDER WITH PARTICIPANT AT ALL TIMES, STAYING CLOSE (AGE/COMPETENCY) HOLD HANDS OR PRAM TO / FROM PARK, WALKING ON GRASS – RESPECT THERE IS NO FENCE AT PARK - ALLOW CHOICE & CONTROL FOR RISK ASSOCIATED WITH SAME. CAR SEAT AND SEAT BELT AS PER AUSTRALIAN REGULATIONS AND STANDARDS.	PROVIDER
Are there human hazards?	<input checked="" type="checkbox"/> Comment:	PROVIDER /VOLUNTEER/OUTSIDE SERVICE PROVIDER- CHECK FOR RUBBISH PUTTING PARTICIPANTS AT RISK.	PROVIDER
Are there chemical hazards?	<input checked="" type="checkbox"/> Comment:	NONE KNOWN – AWARE PESTICIDES SPRAYED.	PROVIDER
Are there poisonous or dangerous plants?	<input type="checkbox"/> Comment:	NONE KNOWN.	PROVIDER
Are there fall, trip or slip hazards?	<input checked="" type="checkbox"/> Comment:	HEIGHT WITH EQUIPMENT, AREA HAS SOFTFALL - COUNCIL RUN PARK.	PROVIDER
Weather considerations? UV rating, gumboots, coat, hats, sun protection.	<input checked="" type="checkbox"/> Comment:	WEAR CLOTHING APPROPRIATE FOR THE WEATHER.	PROVIDER
Are there toilets/hand washing and water accessible?	<input type="checkbox"/> Comment: NO	NO TAKE WIPES & DISINFECTANT.	PROVIDER
Is play equipment safe?	<input checked="" type="checkbox"/> Comment:	SOME RISK AS METAL – SOFT FALL UNDERNEATH.	PROVIDER
Is the environment clean and safe?	<input checked="" type="checkbox"/> Comment:	PUBLIC PARK – BE AWARE.	PROVIDER
Is the environment smoke free?	<input checked="" type="checkbox"/> Comment:	YES.	PROVIDER
Is there mobile phone coverage?	<input checked="" type="checkbox"/> Comment:	PROVIDER 0409274790.	PROVIDER
Are there any other hazards not listed?	<input checked="" type="checkbox"/> List:	CHECK AREA BEFORE ALLOWING PARTICIPANTS TO PLAY – PARENTS/GUARDIANS NEED TO REALISE ALL CARE WILL BE TAKEN – PARENT/GUARDIAN TO ACKNOWLEDGE RISK.	PROVIDER

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Individual PARTICIPANTS medication or other car needs? (Consideration of PARTICIPANTS with special needs e.g. asthma or anaphylaxis):	<input checked="" type="checkbox"/> List:	PROVIDER TO HAVE ALL MEDICATIONS WITH HER AT ALL TIMES.	PROVIDER
Emergency contact numbers available:	<input checked="" type="checkbox"/> List:	PARTICIPANT / PARENT INFORMATION AVAILABLE VIA DROP-BOX ON PHONE / PAPER COPY ON HAND ON ALL EXCURSIONS.	PROVIDER
First Aid kit available:	<input checked="" type="checkbox"/> List:	PORTABLE FIRST AID BOX TAKEN ON EXCURSION.	PROVIDER

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